

## Express treatments:- £45 an hour

Are you in need of a few treatments but just don't have the time?

Then, perhaps it would be more beneficial to pick treatments from our express range where you are charged by the hour and you can have as many treatments fitted into the time slot as possible.

All treatments are divided into time segments, many of them can be applied consecutively.

If you're not sure how your treatments will fit in with each other just get in touch and we can work out the most time efficient package that suits you!

### 30 mins

Express manicure

Express pedicure

Celebrity Brows \*

Body scrub

### 25 mins

Express facial\*

Eyelash and eyebrow tint\*

File and varnish nails of hands

and feet

### 20 mins

Express back and neck massage

Express deep tissue back and neck massage

Indian head massage

Eyelash tint\*

½ leg wax

### 15 mins

Eyebrow shape(tweeze,wax or thread)

Lip and chin wax or thread

Under arm wax

Bikini wax

Manicure mask and heated mittens\*

Pedicure mask and heated booties\*

File and varnish hands or feet

### 10 mins

Shoulder massage

Foot and leg massage

Hand and arm massage

Back scrub

Leg scrub

Lip wax or thread

Chin wax or thread

Sides of face threading

### 5 mins

Eye brow tidy

\*During these treatments you may choose one or two other treatments of 15 minutes or less that can be applied at the same time

Extra time is priced at £10 for every 15 minutes

## Spray Tan:-

30mins

£25

Gone are the days where you have to go to the salon with no make-up wearing baggy clothes and flip flops to then get rained on! Let us come to you.

We will quickly erect a special treatment tent, to ensure that your home doesn't get bronzed as well, and tan your skin to achieve a natural, healthy glow.

There are a few things that you must do before and after to help maintain a beautiful, even coverage and a long lasting tan. Please refer to the website for do's and don'ts.

A patch test is required at least 24hrs before appointment.

## Parties:-

**Standard parties based on a minimum of 3 and a maximum of 6 people attending**

**£20 per person per party**

The perfect way to celebrate a special occasion such as a hen party, birthday, baby shower, corporate event or give all your friends a Christmas present in one go. Or, who needs an excuse? Each guest receives a 30 minute treatment.

Choose from the following:-

Mini manicure

Mini pedicure

Back, neck & shoulder massage

Mini facial

Indian head massage

File and varnish either hands or feet (15 mins)

Eyebrow shape (15 mins)

## Teenage, Spray Tan and Bespoke Parties:-

Don't fancy that? If you or your guests would like to receive any other treatment not listed in the party package then please feel free to contact us and we can discuss your alternative combinations. And, if you're very popular and have more than 5 friends then we will do our best to accommodate them too!

## Also available:-

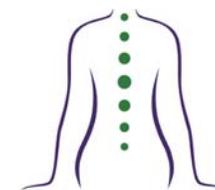
**Spa day packages**

**Gift vouchers**

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# spa where you are

“Its all about you”

Cathy Hutchin

B.Th.B.A.B.T.A.C.

## Mobile holistic and beauty therapy

## PRICE LIST

07773 795045

[www.spawhereyouare.co.uk](http://www.spawhereyouare.co.uk)

[cathy@spawhereyouare.co.uk](mailto:cathy@spawhereyouare.co.uk)

## Massage:-

### Hot Stones

Hot Stones Full Body	1hr	£45
Back	30mins	£30

Hot stones are used to massage tightly knotted muscles releasing tension and relieving problems such as insomnia, poor circulation, back pain and stress

### Swedish Massage

Full Body	1hr	£40
Back, Neck & Shoulder	30mins	£25

Releases aching muscles and helps maintain tone and elasticity of the skin

<b>Deep Tissue</b>	30mins	£25
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A more intensive and vigorous treatment. This massage incorporates deep tissue manipulation and a pressure point technique

<b>Indian Head Massage</b>	40mins	£30
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Concentrating on the scalp, face, neck, upper back and shoulders. A massage that restores harmony, improving circulation and aiding relaxation. Ideal for insomnia sufferers. Applied with or without coconut oil

### Aromatherapy

Full body	1hr	£45
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Using a blend of essential oils applied according to your individual needs. This treatment incorporates a combination of soothing and pressure point massage techniques. Promotes relaxation and a feeling of well being.

### Body Scrub:-

Full Body	30mins	£25
Back Scrub	10mins	£10
Leg Scrub	10mins	£10

An invigorating treatment to remove dead skin cells resulting in smoother, softer, brighter skin. Perfect to prepare skin for a holiday or spray tan.

## Facials:-

1hr £35

### Cleanse and Refresh

For those who suffer from blemishes and an excess of oil production. This will purify the complexion whilst maintaining the skins natural PH balance

### Brighten

Renew and revive lacklustre skin. This facial will leave you feeling fresh and bright, using products that revitalise dull, tired and dehydrated skin

### Nourishing

This facial will replenish lost moisture and improve texture. Your skin will be left feeling smoother, giving comfort to reddened areas, and fully nourished

### Anti-aging

Perfect for helping to improve firmness and reduce the appearance of fine lines and wrinkles. Your skin will feel more toned, hydrated, and beautifully moisturised

## Manicure and pedicure:-

<b>Manicure</b>	45mins	£20
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Includes filing, cuticle work, massage and application of O.P.I nail polishes

<b>Luxury Manicure</b>	1hr	£26
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Includes all of the above with an addition of exfoliator, mask and heated mittens leaving extremely nourished and beautifully soft hands. The heat from the mittens may also help to alleviate symptoms of joint inflammation

<b>Pedicure</b>	1hr	£23
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Includes clipping, filing, cuticle work, hard skin removal, massage and application of O.P.I nail polishes

<b>Luxury Pedicure</b>	1hr 15 mins	£29
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Includes all of the above with a lower leg exfoliation, foot mask and heated booties, moisturizing and nourishing dry skin. As with the heated mittens the booties may also help to reduce the pain of joint inflammation.

<b>Re-Varnish of hands or feet</b>	15mins	£10
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Includes a file and an application of O.P.I polish

## OPI Gel Nails:-

OPI Gel varnish can last up to 3 weeks without the colour chipping or flaking. The gel applies like a polish, is immediately dry and retains a high gloss shine.

Gel manicure colour or clear overlay	£25
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Gel pedicure colour or clear overlay	£25
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Soak off manicure and replacement gels	£30
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Soak off pedicure and replacement gels	£30
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Soak off gels and mini manicure or pedicure	£15
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## Eye enhancements:-

### Eye Brow Shape

Thread, tweeze or wax	15mins	£10
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### Celebrity Brows

Thread, pluck or wax & tint	30mins	£20
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<b>Eye Lash Tint</b>	20mins	£12
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<b>Eye Lash &amp; Eye Brow Tint</b>	30mins	£18
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<b>Eye Lash Perm</b>	45mins	£20
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<b>Eye Lash Lift – Perm &amp; Tint</b>	1hr15mins	£30
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Please be aware that a patch test is required, for tinting, perming and lifting, at least 24 hours before your appointment.

## Waxing:-

Eye Brow Wax	£10	Half Leg	£15
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Upper lip	£5	Half leg and bikini	£20
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Chin	£6	Full Leg	£20
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Lip & Chin	£8	Full Leg & Bikini	£26
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Under Arm	£8	3/4 Leg	£16
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Bikini	£9	1/2 Arm	£12
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Bikini High Leg	£12		
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## Threading:-

This treatment is ideal for ladies who may suffer from extreme redness or a reaction to waxing as no heat is involved

Eyebrow	£10	Lip & Chin	£15
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Lip	£8	Sides of Face	£10
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Chin	£9	Neck	£10
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